

Kings Leaze Riding Club

Newsletter

January 2016

Coming soon:

Winter Dressage
Series

QUIZ NIGHT
Friday 4th March
2016

All the usual
rallies & training

See
www.klrc.co.uk
for a full diary of
forthcoming
events

All KLRC
schedules are
available on the
website

From your Chairman

We are now midwinter, perish the thought, and we have had a busy year again within the Club.

The Winter Dressage series commenced in October, with lots of entries. The most refreshing thing about that one was that the helpers were all members who had volunteered. This saved us having to chase up members to come along and help. So please offer your help if you can, it would be lovely to see some fresh faces helping out!

The next competition of the series was in November, very well supported again. There were lots of children competing in their very own section, and it was lovely to see them all having great fun.

We had the AGM in November which was a very sociable evening. It would be great to see a few more members attending this, as it is a chance to catch up with friends without having your horse in attendance!

In December we had our Christmas meal at the Fox and Hounds, Acton Turville. This was a super evening, the food was fantastic and the company even better, albeit a bit joyful at times!

Thank you to Hayley Godwin for organising this lovely evening.

Our teams have been busy again and the Team Managers will fill you in on all of the results.

Thank you once again to all of those kind people who have allowed us to use their facilities, without which we would struggle to hold all of our events.

We all look forward to the New Year with the Club, and as usual there is plenty on offer for all to participate in.

A successful New Year to you all.

Daphne Smith

Treasure Hunt Report

Sunday 6th September saw the 4th KLRC charity treasure hunt. This time the nominated charity was the Air Ambulance and was very kindly hosted by Hayley and Andrew Godwin at Wick Farm Luckington.

The route was around the northern part of the Badminton Estate, taking in Cherry Orchard, Hinnegar, across the top of the park by Worcester Lodge to the The Wiltshire Path and on to Sopworth with most of the route off road.

Although the numbers of participating teams were reduced this year compared with previous everyone had a lovely time with a mixture of groups of horses and bikes taking part including small children (the youngest of which was 3yrs old!).

The weather was perfect and we ended the ride with a BBQ back at wick farm while the results were added up.

Thanks to the team of Lizzie Donaldson, Nickie Coombs and Jemmy Lomas for organising and Louise Fry, Alex Miller, Sam Tilley, Nuala Dunne Cathie Jenkinson and Kirstie Robertson for their help on the day. We managed to raise over £150 for the Air Ambulance.

Olympia Report 2015

By some of the junior members of the party:

What I liked best: the show jumping because it was really exciting and fun to watch; I also liked the pairs because it was enjoyable to watch the perfetionals go and then the children.

Anna age 10

I really liked the Shetland grand national because it was exciting and fun especially because the Shetlands are so small .

Tanya age 9

I like the bit where Santur cam in the arene with the horsis.

Holly age 6

I liked the bit where the horses came in on there own.

Skye age 7

I liked the free horses when they all sat down.

Dulcie age 6

I really enjoyed the jump off in the FEI jumping and Jean-Francois Pignon the horse whisperer. It was funny when the Shetland put its legs over jean-Francois shoulders.

Amelia age 10

It was very exciting and lots of fun and we bought lots of things in the shops.

Isobel age 7

I had a amazing time, I also loved the atmosphere. My favourite part was watching the big jumping classes.

Amalie age 8

Dressage Report

As I have already stated in my other report, we are nearly halfway through the Winter Series. This has been great fun and lovely to see so many children competing in this event. We do try to cater for the little ones, and hope that they have an enjoyable time.

If any of you would like to compete for the club on a team, contact Margaret Read for the Juniors, and Hayley Godwin for the Seniors. We are always looking for new talent! So don't be shy about putting yourself forward.

We do like to enter teams for the Area Qualifiers so this could be your chance to ride for your club!

One of our junior members, William Collett, qualified his two ponies for the Dressage to Music Championships in October. In the Preliminary DTM he was placed 6th with Sheepecote Champion Star, and in the Novice DTM he was 7th with Fleetcroft Contradiction. A very good result in such competitive company.

Any of you can ride in these music competitions, it is great fun, so why not give it a try, I think that you will enjoy it.

In January we have a short break in the Winter Series, and then in February it is all systems go for more competitions every month right through until September. In fact sometimes there are two in a month! Anything to keep me out of mischief!

I would like to thank the Team Managers for all of their hard work throughout, and all of the support which they give to the teams, as it is not an easy task with the inevitable hiccup at the last minute.

Enjoy your dressage and I look forward to seeing you all at our events.

Daphne Smith

Junior Dressage Report

We had a Novice team and a couple of individuals to send to the area dressage qualifier at Royal Wootton Bassett in November.

Our Novice team consisted of Abbey Read, Poppy Richardson, April Joynson and William Collett.

Who as a team came first and have qualified for the Nationals.

Well done to you all.



Individuals were Poppy Richardson, Henry Bloomer, Abbey Read.

Placings for this were, D2 test Poppy came 1st and 3rd, Abbey came 4th. D10 April 1st and William 3rd.

In the intermediate class we were all individuals as were unable to make up a team.

D3 Abbey Read 1st and 3rd

D10 William Collett 4th

N30 April 1st

N30 William 5th

E44 William 2nd

Well done Juniors and thank you parents for coming out on a very blustery day.

See you at the championships next year.

Margaret Read

Junior Team Manager

Senior Jumping Team Reports

The Eventers Challenge on the 11th October 15 was held at Mendip Plains Equestrian Centre at Ston Easton.

We entered two teams in the 90cm challenge, however on the day we lost one member from each team so all 3 scores counted.

KINGSLEAZE TEAM 1		
1	Securius Nieumoed	Jane Humphreys
1	Duco SZ	Millie Hodges
1	Jollie Ollie	Lynn Bridgman
1	Flashback III	Adrian Palmer
KINGSLEAZE TEAM 2		
2	Mai Bee	Lizzie Poole
2	Smithy	Becky Morby
2	Stillbrook Smiler	Kay Webb
2	Laura	Rachael Reeves

The competition started with the show jumping on a surface and was up to height both teams jumped well. Lizzie, Kay and Adrian all started the xc section on a score of zero. It was a big bold course with a lovely water complex and quite a few rider frighteners along the route including a huge trakehner.

Whilst we had some good results individually where Jane finished 7th and Adrian finished 9th sadly there were a couple of sat nav errors on the day and both teams were eliminated. Thank you to everyone on the team and special thanks to Janet Donaldson who fence judged with me on the day, the teams wouldn't be able to complete without volunteers.

Sarah Palmer

Senior Dressage Report

The area qualifier took place at Summerhouse in November it was a wet and windy day and I was glad I was not competing.

We entered two teams with the prelim riders going in the morning and the novice in the afternoon, Iain Flower and Gill Penberth were first to go and both rode very good tests next on were Sarah Palmer and Becky Morby, Becky and Smithy did a beautiful test and Sarah and Yogi impressed the judges and became overall fourth in her arena.

In the afternoon Adrian Palmer and Sue Bromyard rode their novice test, Adrian rode Flash very patiently as he got quite tense and looked like he would rather be show jumping, Sue was riding her jumping horse Dolly which tried very hard for her first time doing dressage.

Next up were Claire Richards and Kay Webb, Claire had had a nightmare of a journey getting to Summerhouse where her horse tried waving out of the lorry window luckily he did not hurt himself but he was a little tense in the test and as usual Kay pulled off a lovely test to come overall fourth in here arena.

Sarah, Becky, Claire and Kay were in the rosettes taking home fifth place out of twenty eight teams so an excellent result.

Thank you team members for giving up your Sunday and competing for Kings Leaze.

Hayley Godwin

Save the Date!

KLRC Open Show Jumping Including DERBY at Leyland Court on Sunday 14 August 2016

A few words from our retiring Senior Jumping Manager

I would like to say a big thank you to everyone who has supported me during my time as senior jumping manager. Over the last two years the teams have competed at eventing, show jumping, combined training and eventers challenges including the prestigious Blenheim horse trials. We have won Area 9 qualifiers and this has meant we have stayed away at championship shows all over the country. As well as supporting the teams at these events Adrian and I have been team volunteers and are now experienced car park attendants, caterers, scorers and fence judges!

I have enjoyed all the highs and lows with the teams and all members have always been so welcoming and friendly, we have enjoyed picnics in the lorries and cheering on our members and even when we have lost we did it as a team. If you haven't ever been on a team and would like to have ago I would thoroughly recommend the experience.

Lizzie Poole has volunteered and will continue to manage the senior jumping teams. Lizzie has been a staple part on the teams for many years so has lots of experience to bring to the post.

So once again thank you to everyone for your support and please continue to support Lizzie in her new role, keep an eye on the website, Facebook and newsletters for competition dates.

To contact Lizzie her mobile is 07966230711 and her email lizzydon@icloud.com

Good luck to Lizzie and all the future teams!

Sarah Palmer

KLRC Residential Camp 2016 at Pontispool

For the last couple of years we have had a really successful KLRC Camp held at Pontispool, therefore due to popular demand we are returning to Pontispool for Residential Camp 2016, Friday 8th - Sunday 10th July.

It will be a similar format as before rallies including Dressage, Show Jumping and two sessions of X Country. This year we are also hoping to have a guest speaker on the Friday evening.

If you would like to attend camp this year please complete the application form and return to myself with the deposit to secure your place.

Bek Edwards

KLRC Fun Quiz Night

Come and join us for quiz and supper
at **The Old Royal Ship, Luckington**
on **Friday 4 March 2016 at 7.30 PM**

Teams of 4 - 6 (but if you are coming on your own, we will find a team for you to join)

Lots of easy questions (not all horsey, so bring your non-riding friends and relatives)

Special children's section

£10.00 per person to include home made lasagne, chips and salad for supper
(alternative arrangements can be made if you have a special diet)

Prizes for winning teams!

Email jenny_lomas@yahoo.com if you would like to come, we will need numbers
before the day for catering purposes

Or phone/text 07748 716148

Camp Report 2015

I've always wanted to go to a pony camp since I was 5. So age 14 I was lucky enough to take the famous Scruffy to camp. I was so excited to get there that I started packing a week before!

When we arrived on the Friday, the facilities were amazing. The stables were lovely and the arenas were incredible and filled with all sorts of show jumps a packed cross country field. We had lunch first and the food was amazing! We then had show jumping where I felt I learnt a lot and really got into the swing of things.

In the evenings everybody took part in fun and games which was a good way to get to know each other.

The next day we had dressage and cross country which were so fun; even the dressage! The instructors were really encouraging and helped me and scruffy get everything right. Then came another fun packed evening along with delicious food. We had a horsey quiz in which were some crazy questions!

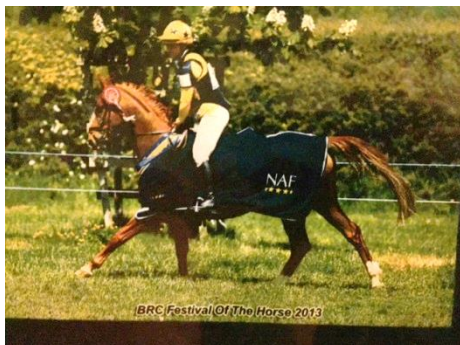
The last day was show jumping for me but for most people it was cross country. Me and scruffy jumped a great course and then set off home tired but we had just had an amazing weekend together.

I had an absolutely fabulous time getting to know my club mates and Scruffy even better. I would thoroughly recommend camp to anyone who would love a weekend away with friends and horses. Even if you are nervous, camp is a great way to get your confidence up.

By Imogen Steele

Welcome to new Senior Eventing and Show Jumping Team Manager.... Lizzy Poole

For those of you who don't know Lizzy she's been a regular member of the senior jumping teams since joining the club in 2006. She was part of the National Championship winning intermediate Eventers Challenge team with her trusty team mount Mount Edgcombe Mulberry, a little 15hh ginger Arab who she also evented to BE100 level. Prior to Mulberry she was regularly placed at area qualifiers on Joe and Tarmac, and more recently she is competing "Little Moo". She has also made it to many national Championships to represent the club. Lizzy is guaranteed to find a mount to ride if we are short of a team member (sometimes even at dressage!!) so has really supported the club over the years. She will make a great addition to the KLRC team managers of Hayley Godwin (Senior Dressage) and Margaret Read (Juniors all disciplines) so we wish her and her team members luck for 2016. With team events starting at 75cm for combined training and 80cm for SJ and Eventing it really is open to all. If you are interested in participating then please contact Lizzy on lizzydon@icloud.com or 07966230711.



Maria Griffin – New Trainer for KLRC

Maria is a successful international dressage rider based locally near Wotton Under Edge, Maria is trained to grand prix and has trained her current grand prix horse since he was 4 years old. She also competed her own homebred horse to intermediate level eventing. Maria has a kind, sympathetic and fun approach to training and competing and enjoys training all levels of horses and riders from prelim to grand prix. Maria currently teaches a Saturday flatwork with poles rally once a month for the riding club that has proved to be very popular. It gives the rider and horse something fun to focus on whilst incorporating flatwork and dressage test movements.



BRC Hat Guidelines 2016

Information for Competitors

How does this affect me?.....

For 2016, all members will be required to have their hats tagged with a new **ORANGE** hat tag before competing in any BRC Qualifiers or Championships.

When you arrive at the competition, take your hat with you when you go to declare. The Official Steward will then check that your hat complies with an accepted standard, and will place a unique BRC tag on it. It is a good idea to allow a little extra time when arriving at a competition for this to be done.

Please note, you will not be allowed to ride anywhere at that event if your hat has not been tagged, and hats which do not comply to an accepted standard will not be tagged under any circumstances.

It is the competitors' responsibility to ensure they arrive at a competition with a hat to the correct standard so it is therefore imperative that you check your hats before you get to the event, in order to avoid disappointment. To do this:

- 1) Use the following information or the BRC 2016 Rule Book for reference
- 2) Check that your hat clearly displays one of the accepted standards
- 3) Check that the standard also shows the correct corresponding date
- 4) Check that your hat also displays the correct corresponding quality assurance mark
- 5) Make sure that you do not remove any labels from inside of your hat which may hold the relevant information as a hat will not be tagged without all of the required information permanently visible.



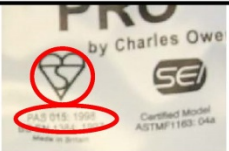




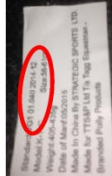

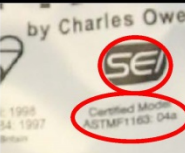








Only hats which comply with **all of the above steps** will be accepted for tagging. If you're in doubt, please contact the BRC office for further advice. If your hat cannot be tagged, you will not be allowed to ride wearing that hat under any circumstances.

Please note: No alterations, protrusions or additions are to be made to a hat under any circumstances. For the Quadrille competition, please see the Quadrille rules in the Rule Book for further information regarding costumes.



BRC Hat Guidelines 2016 v1

Only hats to the following specification are acceptable at ANY BRC competition.
At all BRC Area Qualifiers and Championships, hats must show a visible BRC orange 'hat tag'.
Any other standards / dates are NOT acceptable and will not be tagged.
Hats must meet ALL of the requirements of one of the following rows:

	Standard and Date	Quality Assurance Mark	Examples		
1	PAS 015 (1998 or 2011)	AND MUST HAVE BSI Kitemark 			
2	VG1 01.040 (2014-12)	AND MUST HAVE BSI Kitemark 			
3	ASTM F1163 (2004a or 04a onwards)	AND MUST HAVE SEI mark 			
4	SNELL E2001	AND MUST HAVE Official SNELL label and number 			
5	AS/NZS 3838 (2006 onwards)	AND MUST HAVE SAI Global mark 			

IMPORTANT UPDATES FOR 2016:

Due to a change by the European Commission regarding EN1384 and BSEN1384 no longer being an accepted standard, all hats which only meet the standard EN1384 or BSEN1384, and do not comply with another standard from the above list, WILL NOT be accepted and therefore will not be permitted for any BRC competition. Hats which bear EN1384 or BSEN1384 along with another standard from the above list, will be tagged. For example, BSEN1384 & PAS015 (1998 or 2011) along with the Kitemark, would be acceptable, but not BSEN1384 on its own.

IMPORTANT CHANGE FOR THE CROSS COUNTRY PHASE: Only a "Jockey Skull" complying to the above standards may be worn for any XC phase. This must not have a peak, any peak type extensions or noticeable protuberances above the eyes or to the front and should have an even round or elliptical shape with a smooth or slightly abrasive surface. A removable hat cover with a light flexible peak may be used if required.

The use of **HEAD CAMS** are strictly prohibited at any BRC affiliated competition. This includes use on the head, chest, bridle or any other part of the horse or rider.

ACROSS

3. Addictive drug used occasionally as an analgesic. (5)
8. Small callosity on the underside of the fetlock. From the French meaning "Roosters Spur". (5)
10. Method of securing horseshoes that has been in use from at least 900BCE. (5)
11. Paired sensory organ, that is involved in both hearing and balance. (3)
12. Layman's term for low grade lameness or discomfort, usually in all 4 hooves. (5)
13. Winged divine stallion usually depicted as pure white in color. Sired by Poseidon. (7)
15. In, at, or to a higher place. (5)
18. To damage or spoil to a certain extent, render less perfect (3)
19. Acid found in vinegar. Sometimes added to silage to prevent fungi and bacteria. (7)
21. Metacarpophalangeal joint. (7)
22. A long narrow strap attached at one end to a horse's bit.. (4)
23. The basic structural unit of all organisms. (4)
24. If you are lucky it may be what you get if you ask for more. (7)
26. Used in haymaking since the mid 1800s making handling easier. (6)
29. Be mistaken or incorrect, make a mistake. (3)
31. A particular way of doing something. (5)
32. Changed in character or composition, typically in a comparatively small but significant way. (7)
34. Having none of the usual or appropriate contents. (5)
35. A mixture of 78.09% nitrogen, 20.95% oxygen, 0.93% argon, 0.039% carbon dioxide. (3)
36. Egyptian peninsula, desert region between the Red Sea and the Mediterranean. (5)
37. Simple plant like organisms. Blue green varieties sometimes used as a high protein supplement. (5)
38. Makes tranquil and quiet, soothes. (5)

DOWN

1. A group having common ancestors and certain distinguishable characteristics. (5)
2. A natural hole, esp one in a bone through which nerves and blood vessels pass. (7)
4. Informal name for experts especially in sports. (4)
5. Take off a saddle and bridle. (6)
6. Perhaps, possibly neither yes or no. (6)
7. Date of the Norman conquest in Roman numerals. (5)
9. Bit with double reins, related to a Pelham and a double bridle but with out a curb strap, gives a lifting action. (3)
12. One eighth of a mile, 220 yards. (7)
14. To be located or situated astride or keep one's seat. (3)
16. Additional or further different or distinct. (5)
17. European green woodpecker. (5)
19. Being sharp or severe in effect, intense. (7)
20. Has a vice associated with wind sucking. (5)
21. Female horse under four or five years. (5)
23. True grasses grown for their grain. (7)
24. Deficiency of red cells or of hemoglobin in the blood. (6)
25. Estrogen and progesterone supplement. (3)
27. The two upper cavities of the heart. (5)
28. Relating to the uppermost and widest of the three bones forming the pelvis. (5)
30. Gone wild especially after escape from captivity or domestication. (5)
32. Anything extremely small. (4)
33. A cryptorchid. (3)

Scrummy Flapjacks

Ingredients

225g sl.salted butter

140g demerara sugar

50g light muscovado sugar

3 level tbsp golden syrup

325g rolled porridge oats

mix of sunflower,pumpkin,linseed and pine nuts for crunchy topping

Method

Heat oven to 180C or Aga baking oven. Line baking tin (28 x 18cm) with baking paper. Put butter, sugars and golden syrup and melt in a pan. Sugar does not need to be totally dissolved. Take pan off heat and add oats. Spread in tin and press down. (I use potato masher) sprinkle with seeds.

Bake for 20-25mins until golden brown. Loosen sides with round bladed knife then leave to cool for a few mins. When crispy on top but soft inside mark into bars with sharp knife. Cool, then break into pieces and store in airtight tin for up to 1 week. Can be frozen.

By Nuala Dunne

